



JUICED

Small Group Discussion Guide

Prayer – Part II June 28-29, 2008

“They devoted themselves to the apostles’ teaching and to the fellowship, to the breaking of bread and to prayer.” - Acts 2:42

Discussion Questions

1. What are some things in your life that you tend to worry about?
2. Philippians 4:6 says, “Don’t worry about anything; instead, pray about everything.” How are worry and prayer opposites?
3. Does prayer fill your bucket? Share from your personal experience.
4. Read Matthew 6:25-34. Do you think it’s really possible to live without worry?
5. What steps can we take to apply Jesus’ teachings about worry to our life?
6. Pastor Dean described worry as “staring at Mt. Everest,” and prayer as “climbing Everest.” What are some problems in the world that the church stares at, instead of praying about? What are some things in your life that you should pray about, instead of worrying about?
7. When it comes to answered prayer, how is God’s timing different than our timing?
8. Isaiah 40:31 says, “They that *wait on the LORD* shall renew their strength.” What does it mean to “wait on the LORD”? How is this different than the way people usually prayer?

The Big Idea

Tony Blair once told Bono that Debt Relief was like Mt. Everest. In response Bono replied, “When you see Everest, Tony, you don’t look at it, you climb it.” Worry is like staring at Everest. It doesn’t actually do anything about the problem. On the other hand, engaging in prayer is like climbing Everest. It tackles the problem head-on.

Life is full of worries. And worrying drains our bucket. It can quickly take away our zest for life. Fortunately, God designed prayer to fill our bucket. Through prayer we are reenergized by the Holy Spirit so that our spiritual performance is enhanced in a supernatural way!